



ADVENTURE TRAVEL
TRADE ASSOCIATION

CULTURAL TOURS AND SIGHTSEEING AMID COVID-19: RECOMMENDATIONS

ADVENTURE TRAVEL COVID-19 HEALTH AND SAFETY GUIDELINES

JUNE 2020

INTRODUCTION



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Health and Safety has always been important in responsible adventure travel. The Covid-19 pandemic adds a layer of risk of a transmissible disease both in daily life and in travel experiences. These guidelines provide a path to an organized and safer reopening for the adventure industry by providing a common set of actions that can be used by a diverse range of travel businesses and suppliers across the industry supply chain.

We created the guidelines in collaboration with Cleveland Clinic, a leading provider of specialized medical care, focused on providing clinical excellence and superior patient outcomes. Cleveland Clinic is a multispecialty academic medical center that integrates clinical and hospital care with research and education. The health system offers 140 medical specialties and subspecialties that draw thousands of patients from around the world. *U.S. News & World Report* consistently names Cleveland Clinic as one of the nation's best hospitals in its annual "America's Best Hospitals" survey, and in 2020, Cleveland Clinic was ranked one of the best hospitals in the world by *Newsweek* magazine.

More information about the ATTA can be found at adventuretravel.biz

More information about Cleveland Clinic can be found at clevelandclinic.org

WE'RE ON A TEAM

The COVID-19 pandemic has entered a new phase, travel is restarting, and travelers want to travel and companies want to operate while minimizing COVID-19 contamination risk. ATTA Activity Guidelines for Adventure Travel have been developed jointly by ATTA, Cleveland Clinic and a cohort of operators.

The **Cultural Experiences and Sightseeing amid COVID-19: Guidelines** were designed to be used together with [Adventure Travel COVID-19 Health & Safety Guidelines](#).

While the current knowledge (June 2020) indicates that the risk of the COVID-19 being passed on to others outdoors is reduced when people maintain social distancing, operating under these Guidelines should only be undertaken after thorough risk and safety assessment and compliance with existing destination government guidance.

WE'RE ON A TEAM

These guidelines are intended to be a flexible framework for ATC's (adventure travel companies) to use in reopening. Companies should tailor their actual policies and practices based on their unique operations, applicable laws, regulations, and health standards in their locales, and consult with their own legal, safety, and financial advisors to develop a reopening guide for their situation.

These guidelines are not intended to be an exhaustive list of possible actions nor are they meant to encourage ATC's to resume operations before they are ready to do so. These guidelines are designed to be used as a supplement to ATC's current risk and crisis management plans, operating procedures and protocols, legal documents (e.g., terms and conditions and liability waiver), and customer trip materials – not as a substitute.

NOTE & DISCLAIMER

Note: This is a living document. As international and national restrictions and Public Health guidelines evolve, this document will also evolve to reflect new advice and changes to guidelines when they emerge. Guidelines have been developed in line with the most recent information coming from international and national sources related to health, tourism and outdoors activities. We welcome your feedback any time: covid19guidelinesreview@adventure.travel

Disclaimer: The information contained within these operational guidelines may change from time to time due to the evolving nature of the COVID-19 pandemic. It must not by itself be relied upon in determining obligations or other decisions. Users of this document must independently verify any information on which they wish to rely. It is expected that all business owners and management will have familiarized themselves with governmental, health authority, and regulatory guidance prior to re-opening and implementing all relevant requirements. Adventure Travel Trade Association does not assume, and expressly disclaims, any legal or other liability for any inaccuracy, mistake, misstatement, or any other error of whatsoever nature contained herein. The information accessible in this document has been compiled from many sources that are not controlled by Adventure Travel Trade Association. While reasonable care has been taken in the compilation and publication of the contents of this document, Adventure Travel Trade Association makes no representations or warranties, whether express or implied, as to the accuracy or suitability of the information or materials contained in this document. Adventure Travel Trade Association shall not be liable, directly, or indirectly, to the user or any other third party for any damage resulting from the use of the information contained or implied in this document. By proceeding to use this Adventure Travel Trade Association document you are accepting this disclaimer.

CULTURAL EXPERIENCES AND SIGHTSEEING

Cultural experiences are very popular in the Adventure Travel industry and include activities such as an interactive cultural exchange with a local community or host, or learning about and experiencing another culture. Whilst sightseeing may not typically be considered a form of adventure travel, it is common for adventure trips to visit important or popular places of interest in that destination.

By its nature, visiting a popular area or place of interest has associated risks with maintaining distancing and other protective measures for mitigating against the risk of COVID-19 transmission. Likewise, it is important to protect local communities, especially if they are remote, and have not been affected by COVID-19. It is important to introduce these measures listed in this guideline as well as the Adventure Travel COVID-19 Health and Safety Guidelines and to assess if and when it is suitable to commence operations.



I. Group Management:

- Small groups, FIT, or household groups should be favoured to promote distancing. Strive to keep trip participant numbers as low as reasonably possible.
- Physical distancing does not need to apply to household units.
- Physical distancing should be practiced as much as possible if the group involves more than one household unit. How each individual moves about throughout the experience will greatly influence your group's distancing practices – operators should promote the shared responsibility for distancing.
- A cultural experience could involve many types of activities, but regardless of the nature of a tour physical distancing should always be maintained. This is especially true if visiting a remote community in which case face coverings should also be worn.
- When visiting popular sites or attractions, consider going during quieter times, or pre-booking to avoid crowds. Certain places may have introduced COVID-19 procedures such as online-booking, reduced capacity numbers, and permits, as well as more obvious measures such as distancing, use of face coverings, health screening, and enhanced sanitation, etc.
- Use face coverings when in situations of higher risk of virus transmission, such as in an enclosed space, in popular areas, and in transportation.
 - As of current knowledge, face shields do not provide the same level of protection as face coverings; face shields should be used as an additional layer of protection to face coverings or used when face coverings are not recommended (e.g high exertion aerobic activities or water activities).



II. Pre- Arrival, Instruction and Briefing

- Have screening actions in place. Before joining the activity or experience ask guests to self-assess their physical condition and self-screen their risk profile. Inform guests that if they have symptoms, however mild, or are in a household where someone has symptoms, they are advised to stay at home.
- For longer trips, consider additional pre-trip recommendations and screening, such as suggesting steps to limit exposure to COVID-19, using screening questionnaires, or testing.
- Perform daily screening and monitoring measures, such as asking about symptoms or checking temperatures.
- Screening and monitoring measures should be extensive for staff members.
- Set clear standards and boundaries for COVID-19 health and safety measures and guest participation. Make relevant information about the activity available, such as the risks involved and the measures you are taking to manage COVID-19 risks. Ensure guests understand the risks and what is expected of them to participate.
- Provide ample access to hand washing facilities and sanitizer. Ask that guests sanitize hands when entering any building, kitchen, or dining facility, before starting an activity and as often as needed throughout the activity.
- Events and briefings should accommodate for social or physical distancing. Adapt the spaces and briefings to avoid the need to get close to guests and to increase guests understanding and compliance of the additional COVID-19 measures necessary. Consider holding briefings and gatherings outside whenever possible.
- When closer contact is required consider the use of face coverings.



III. Transport:

- The use of vehicles to transport clients includes a higher degree of COVID-19 transmission risk. Measures to mitigate risk should be used whenever possible; Open vehicle windows, provide space in between passengers and have passengers wear face coverings. Consider the use of face shields or the use of private vehicles for transportation as additional measures.



IV. Activity or experience:

- Special consideration should be given to social and physical distancing in regard to hosts – they are typically a key and very present element of cultural experiences.
- At areas of potential concentration it is important to organize social and physical distancing to minimize exposure, for example:
 - Visiting popular sites at quieter times of the day. It is likely that attractions, museums, galleries and other sites will have measures in place such as one way systems, permits and ticketing systems, wearing of face coverings, maximum numbers, enhanced sanitation and distancing measures. Ensure that your company checks with the venue and is aware of site regulations before visiting.
 - In popular outdoor locations or areas with no controls or restrictions, it is important for the company to assess whether or not such a visit is essential, what measures can be put in place if it is essential, or if there are alternative locations or times for the visit to reduce potential contact with crowds.
 - If visiting a popular cultural show or event, check with the organisers to see if there are any restrictions or measures in place. Can a private show be offered, or can the visit occur at quieter times? The organisers may have measures in place such as requiring reduced numbers, distancing, face coverings and enhanced sanitation. Nevertheless, the ATC should ensure that the measures are being observed and that their group follows the measures that are in place.
- Companies should check with hosts, organisers, staff or site management involved with the experience that procedures and protocols are being followed and are in line with the standards set out by the company or official advice.
- For larger events such as cultural festivals or shows, or popular sightseeing locations, bookings may well need to be made in advance to limit numbers of entry. Companies should check with organisers for any procedures prior to the event.
- Maintain your company standards of distancing and sanitation when encountering other groups. Often people socialize and chat at popular events or experiences- remember they might not know, nor be following, the same health and safety standards that you require of your group.
- When administering first aid, some distancing methods need to be adapted or cannot be used. Use Personal Protective Equipment – PPE such as face coverings and gloves.
- Consider the need for defining additional COVID-19 evacuations protocols.



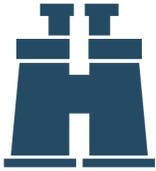
V. Dining:

- Distancing: consider alternatives to provide spacing, such as ample guest seating and spaced tables, offering private or outdoors eating locations, and scheduled meal times.
- Prevent surface contact where needed, for example:
 - Identify high-use areas and touchpoints, such as; workstations, tables, menus, doors, utensils, condiments.
 - Clean high-use areas and touchpoints often with a rigorous enhanced sanitation regimen.
 - Prevent contact in high-use areas when possible.
- Food and beverages should be served by staff members who are trained and observant of precautions.
- Consider serving individually served meals rather than buffet or self-service.
- Consider how meals are transported, covered, and consumed. Attempt to individually pack food items and cover meals with a reusable lid. For food samples, consider how the customer will handle and consume safely.
- Ensure food safety and restaurant cleaning is in line with local official guidance.
- For further information on food handling see Culinary Experiences amid COVID-19 Guidelines.



VI. Lodging:

- FIT or household groups should be favoured to promote distancing. Avoid members of separately booked groups or groups from more than one household unit sharing bedrooms.
- Attention to increased levels of sanitation and disinfection, distancing, and screening measures should all be implemented in line with hotel, local and official guidelines.
- For further information on lodging see Small Lodges amid COVID-19: Guidelines.



VII. Equipment:

Enhancing sanitation is a key part of mitigating COVID-19 risk. Whenever possible, participants should avoid sharing equipment and should care for and carry their own personal equipment.

- Prevent surface contact where needed, for example:
 - Identify high-use areas and touchpoints.
 - Clean high-use areas and touchpoints often with a rigorous enhanced sanitation regimen.
 - Prevent contact in high-use areas when possible.
- Each person should have their individual equipment if equipment is required for the experience.
 - If certain protective clothing is provided, these items will need to be laundered appropriately after each use.
 - Have guests size and choose equipment with minimum handling, and care for and carry their own equipment.
- Use recommended methods for cleaning and sanitizing that have been determined to kill the COVID-19 virus, such as, appropriate rest time in between uses, or using soap and water or bleach solutions. Follow manufacturer's instructions and the recommendations of official health and safety agencies.
- Consider implementing safe-handling procedures for personnel who use cleaning products to clean equipment to prevent harm from chemicals or cross-contamination.
- Consider sanitizing any equipment or item that could be a vector for COVID-19 transmission.



VIII. Additional resources:

- [ATTA COVID-19 Guide for the Adventure Travel Industry](#)
- Cleveland Clinic
 - [Return to work amid COVID-19: A Cleveland Clinic Guide](#)
 - [COVID-19: Creating a Safe Workplace](#)
 - [Advice on Reopening Business: Frequently Asked Questions](#)



ADVENTURE TRAVEL TRADE ASSOCIATION (ATTA)

The Adventure Travel Trade Association is a vital leadership voice and partner for the adventure travel industry around the world. Our mission is to **empower the global travel community** to **protect natural and cultural capital** while **creating economic value** that benefits both trade members and destinations. The ATTA community today is a vibrant, thriving, interactive network, over 25,000 members strong and representing 100 countries worldwide. From tour operators to tourism boards, specialty agents to accommodations, all ATTA members share a genuine love for global exploration and a vested interest in the sustainable development of tourism.

[COVID-19 Guide for the Adventure Travel Industry](#)

[Strategic Opportunities For Destination Recovery & Resilience](#)

[Online Education Safety and Risk Management Course](#)

CLEVELAND CLINIC

Cleveland Clinic is a leading provider of specialized medical care, focused on providing clinical excellence and superior patient outcomes. The integrated healthcare system includes hospitals, outpatient clinics and wellness centers across the globe with facilities in the United States, Canada and the United Arab Emirates. In 2021, its newest hospital, Cleveland Clinic London, will open.

Founded in 1921, Cleveland Clinic has grown and evolved both clinically and geographically, becoming home to:

- The world's largest heart valve program and vascular surgery program.
- The world's largest and most specialized urology practice.
- One of the top cancer centers in the US, centered on multidisciplinary patient care.
- The UAE's first and most comprehensive multi-organ transplant program.
- A leader in quality clinical care in Florida, offering easy access from Latin America and the Caribbean.

For patients traveling outside of their home country to a Cleveland Clinic location, Cleveland Clinic's Global Patient Services department provides personalized and compassionate care. This team of international caregivers serves as a point of contact to help guide patients through every aspect of travel and care.

Other select services available to global patients include:

- MyConsult Online Medical Second Opinion program, which gives patients secure, online access to Cleveland Clinic specialists for second opinions and consultations.
- Cleveland Clinic's Critical Care Transport team, an expert team of critical care providers available 24/7 to transport critically ill and injured patients of all ages via ground mobile intensive care unit, helicopter or jet aircraft.

For more information about Cleveland Clinic, visit clevelandclinic.org.





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